

*We believe in looking after your information and ensuring you have maximum control over it. Without waffling on, we've summarised the key points from within our **Privacy Policy** and **Terms of Use** that relate to GDPR. However, we suggest reading all documents in full.*

Definitions

“The Client” — The person who is attending a coaching session within “The Business”.

“The Business” — The employer providing My Goals Co as a benefit to its employees (“Clients”)

“The Coach” — The Coach is providing Coaching Services.

“My Goals Co” — the organisation in relationship with The Business to provide Coaching Services.

Nature of the relationship

My Goals Co (My Goals Media Limited) holds a relationship with **The Business** to provide **Coaching** to its staff.

Summary

- Nobody in The Business will have access to the personal information shared by Clients with The Coach.
- Discussions with The Coach (i.e. during a coaching session) are confidential.
- My Goals Co holds your data in the form of your name and e-mail address, and the details shared when making a booking to see My Goals Co.
- My Goals Co may share your data with their regulatory bodies for their continuing professional development and coaching credentials. My Goals Co will ask for permission if this is the case.
- We ask the individual to tick a box consenting to use My Goals Co, only if they have read, understood and agree with the terms of use.
- My Goals Co holds your data for correspondence and appointment scheduling only.
- If you'd like to access, amend or delete any information, please contact elliott@mygoals.co
- If at any time you are concerned or have questions about how we might be handling Your data, please reach out to our Founder and DPO, elliott@mygoals.co

IF YOU DO NOT ACCEPT AND AGREE WITH OUR PRIVACY POLICY THEN YOU MUST NOT USE MY GOALS CO.